

We're Mind Cymru, the mental health charity.
We're here to make sure anyone with a
mental health problem in Wales has somewhere to
turn to for advice and support.



The Mental Health (Wales) Measure 2010

Primary Legislation made by the National Assembly for Wales, which requires Local Health Boards in Wales to provide:

- Local Primary Mental Health Support Services**
- Care Coordinators and care and treatment plans for all secondary mental health service users**
- Re-assessment for former users of secondary mental health services**
- Statutory independent advocacy for informal mental health inpatients.**

Part 4: Independent Mental Health Advocacy

This Part of the Measure ensures all inpatients in Wales who are receiving assessment or treatment for a mental disorder are entitled to request support from an Independent Mental Health Advocate.

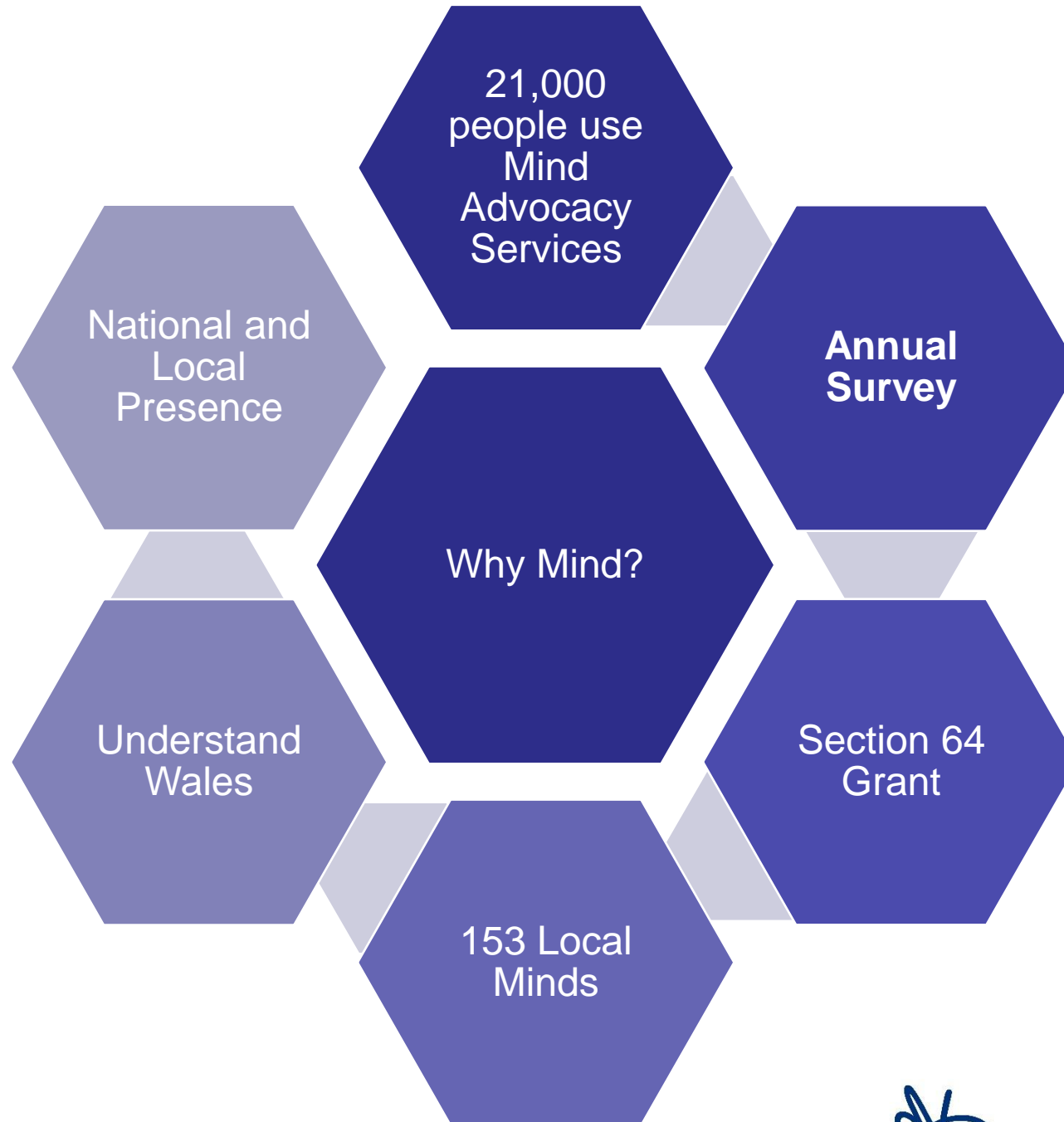
It extends the Independent Mental Health Advocacy scheme. It covers patients subject to compulsion under the Mental Health Act 1983, and those in hospital voluntarily.

The Mental Health (Wales) Measure 2010

The Welsh Government has a duty to review the effectiveness of the implementation of the Mental Health (Wales) Measure 2010

Why is it important to monitor this?



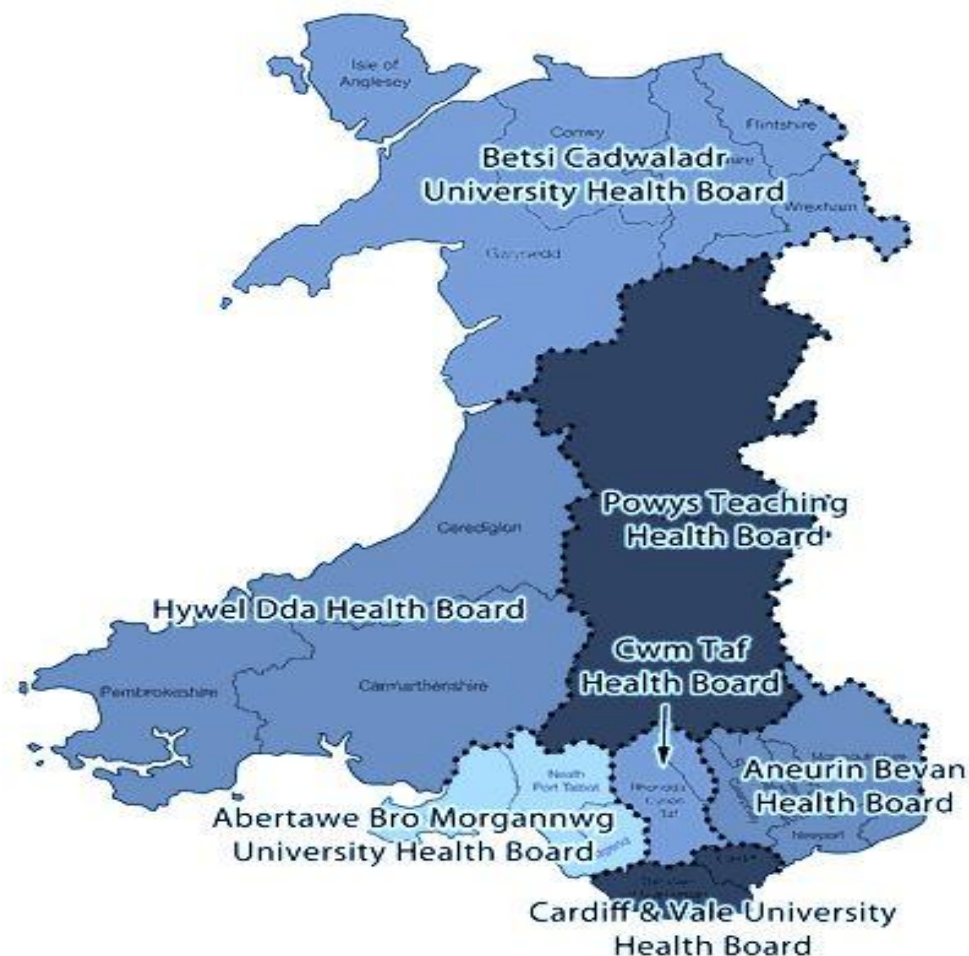


The Process



The Approach

- We engaged all Health Boards in Wales
- Mental Health Development Managers
- Mental Health Development Officers CVC's
- Ward Managers



Units / Wards engaged so far...

| | |
|------------------------------------|---|
| Cwm Taff UHB | RGH, Pinewood House & YGT |
| Aneurin Bevan | Maindiff Court, Ty Skirrid, St Cadocs, Talygarn, Ty Cafanol and Ty Siriol. |
| Hywel Dda | Cwm Seren, PICU, St Caradog & St Non's. |
| Betsi Cadwaladr UHB | Tryweryn, Dyfdwy, Llywedog, Heddfan, Maelor, The Hergest, The Ablett Unit, Bodelwyddan, |
| Powys Teaching Health Board | Bronllys Hospital |
| Abertawe Bro Morgannwg UHB | |
| Cardiff & Vale UHB | |

Working with Health Boards in Wales – a practical approach

- **Positively received by Ward Managers and their staff – welcoming and accommodating.**
- **Little disruption to ward life – prior engagement.**
- **Inpatients / service users made aware in advance – promoting engagement.**
- **Various excellent advocacy practices – positively promoted in some areas.**
- **Over 100 in-patients engaged so far.....**

Next steps

- **Report due June 2014**
- **Make recommendations**
- **Plan next phase of survey**
- **Consider three additional waves:**
 - **Forensic Settings**
 - **Children and Young People**
 - **Older People**
- **Follow up on recommendations**

Part 2: Care and Treatment Planning

Ensures people of all ages within secondary mental health services receive an individual Care and Treatment (C&T) plan. Care co-ordinators, have been appointed, and will ensure that C&T plans are informed by the service user and their carers.

Care Coordinators required to consider the '8 areas of life' when preparing and reviewing plans with services users.

CARE AND TREATMENT PLAN

Gall y cynllun hwn cael ei gwblhau yn y Gymraeg neu yn y Saesneg, neu yn rhannol yn y Gymraeg ac yn rhannol yn Saesneg

This plan may be completed in either the Welsh or the English language, or partly in Welsh and partly in English

Mental Health (Wales) Measure 2010 Section 18 – Care and Treatment Plan

This care and treatment plan has been prepared under section 18 of the Mental Health (Wales) Measure

This is the care and treatment plan of

Name of relevant patient

Full usual address of relevant patient

who lives at

The care coordinator who has prepared this care and treatment plan is

Name of care coordinator

Telephone number, postal address, and where appropriate, email address of care coordinator

who can be contacted at

The care coordinator has been appointed by, and is acting on behalf of,

Name of Local Health Board or Local Authority that appointed the care coordinator

This plan was made on

Date plan was made and date by which the plan must be reviewed

and is to be reviewed no later than

However,

Name of relevant patient

his or her carer(s), or adult placement carer(s), may request a review of this care plan at any time.

This part of the care and treatment plan records the outcomes which the provision of mental health services are designed to achieve, details of those services that are to be provided, and the actions that are to be taken with a view to achieving those outcomes.

The planned outcome(s) included in the following part of the plan must relate to one or more of the areas listed, and include an explanation of how each outcome relates to each area. Outcomes also may be achieved in other areas, and are to take into account any risks identified in relation to the relevant patient. This part of the plan should also set out details of the services that are to be provided, or actions taken, to achieve the planned outcomes, including when, and by whom those services are to be provided or actions taken.

Outcomes to be achieved must be agreed in relation to at least one of the following areas:

a) accommodation

b) education and training

c) finance and money

d) medical and other forms of treatment, including psychological interventions

| Outcome to be achieved | What services are to be provided, or actions taken | When | Who by |
|------------------------|--|------|--------|
| | | | |
| | | | |
| | | | |
| | | | |

| Outcome to be achieved | What services are to be provided ,or actions taken | When | Who by |
|--|--|------|--------|
| <i>e) parenting or caring responsibilities</i> | | | |
| <i>f) personal care and physical well-being</i> | | | |
| <i>g) social, cultural and spiritual</i> | | | |
| <i>h) work and occupation</i> | | | |
| <i>Outcomes to be achieved may also be agreed in relation to other areas</i> | | | |

So why is it important?



Key Findings so Far

- **More people have Care and Treatment Plans than before (between 80 and 90% of those eligible)**
- **Quality of Care and Treatment Plans**
- **Outcome Focussed**
- **Training**

Next Steps

- **Improving quality and relevance**
- **Training**
- **Evaluating actual benefits and outcomes for the person**

Thank you

Follow us @MindCymru

**Contact: contactwales@mind.org.uk
029 2039 5123**

