

Together for Mental Health

Delivering Mental Health & Wellbeing

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Principles

- Mental wellbeing and mental illness
- Cross-Governmental- Future Generations
- All ages
- Focus on recovery and enablement
- Reducing stigma and discrimination

Delivery Plan

- 3 years – 2012-2016
- Key actions with clear responsibilities, timescales and measures
- Embedding key actions from partner strategies
- Developing work on outcomes through a service user lens.

Making the Delivery Plan Work

- National Partnership Board (NPB) with a delivery assurance function.
- Annual reporting mechanism
- National Mental Health Core Dataset
- Local Partnership Boards
- Co-production with service users and carers

Annual Reports 2012-13

- Welsh Government, 7 Local Partnership Boards and 3 NHS Trust
- Implementation of the Mental Health (Wales) Measure 2010
- Safe and sustainable services
- Partnership working/integration
- All age approach
- Innovation, best practice, staff awards

Areas for further Action (1)

- Mental Health remaining a priority
- Tools to support mental wellbeing
- Services through the medium of Welsh
- Time to Change Wales Champions
- Service User and Carer voice
- On-going implementation of the Measure
- Talking therapies
- CAMHS Transition/admissions to adult wards

Areas for further Action (2)

- People with cognitive impairment in DGHs
CAMHS Transition/admissions to adult wards
- People with cognitive impairment in DGHs
- All areas of life
- Physical health of people with mental illness
- Key issues from Staff Survey

Mental Health (Wales) Measure 2010

- Landmark Legislation
- Phased Implementation
- Duty to Review

Part 1- Local Primary Mental Health services:

- All areas report compliance with duty to review legal requirements.
- Over 31,000 assessments in past 12 months.
- Critical balance between interventions and assessments.
- The majority positively rate LPMHSS.

Part 1- Local Primary Mental Health services:

- Open access community based groups.
- Certain practitioners are not able to undertake assessments.
- Support for GPs and primary care staff remains a priority.
- A clear interface between primary and secondary services critical.

Part 2: Care Co-ordination and Care and Treatment Planning

- All areas in Wales report compliance.
- Over 90% have a Care and Treatment Plans.
- Support for those involved in ensuring the quality of plans and the interventions required to support them.
- Evaluated by service users, service providers and independent bodies.

Part 2: Care Co-ordination and Care and Treatment Planning

- Review of eligibility to undertake the care co-ordination role and the actual words care and treatment plan.

Part 3: Re-accessing services post discharge

- Those discharged from secondary mental health services must be aware of the discharge plan and method of re access to services.
- Services will need to ensure they have robust procedures in place to support timely re-access for assessment.

Part 4: Expanded Independent Mental Health Advocacy:

- The provision of the expanded IMHA services reported by all as positive.
- Clarity on the process of engaging an IMHA for those who may not have the capacity.
- Information regarding the impact upon service users and carers both in terms of satisfaction and outcomes.

Moving forward

- Ensuring quality
- Support for those delivering services
- Emphasis on good practice
- Independence and transparency
- Prudence and co production

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Strategy and Delivery Plan:

- <http://wales.gov.uk/topics/health/publications/health/strategies/strategy/?lang=en>

National Mental Health Partnership Board

- <http://wales.gov.uk/topics/health/nhswales/healthservice/mental-health-services/board/?lang=en>

Mental Health (Wales) Measure 2010

- <http://wales.gov.uk/topics/health/nhswales/healthservice/mental-health-services/measure/?lang=en>