

Brighton and Hove Recovery Mentor Programme

A Partnership Model

*safer communities,
healthier lives*



www.cri.org.uk

What is a Recovery Mentor?

- Volunteer
- A visible Icon of Recovery
- Motivated and Committed
- Open, Understanding and Non-Judgemental
- Resilient
- Passionate

*safer communities,
healthier lives*



www.cri.org.uk

What do Recovery Mentors do in Brighton and Hove?

- Voluntary placements in treatment services in Brighton and Hove (not only CRI services)
- Placements through the Rough Sleeping Pathway in Brighton and Hove
- Mentors support and empower
- Mentors enhance the services we offer

*safer communities,
healthier lives*



www.cri.org.uk

Brighton and Hove Treatment Services:

Placements carried out in many services, such as:

- Criminal Justice (DIP and DRR)
- Foundations of Recovery
- Community Alcohol Team
- Harm Reduction Service (needle exchange)
- POCAR
- IOT
- NPS Service
- Rough Sleepers Team
- Residential Rehabs (St Thomas Fund)
- Assertive Outreach (Safe in the City)
- Health Promotion

*safer communities,
healthier lives*



www.cri.org.uk

Rough Sleeping Pathway:

- **Placements doing:**
 - Hostel Drop-Ins
 - Mentor Matching

*safer communities,
healthier lives*



www.cri.org.uk

Recruitment and Training:

- Applicants required to complete DBS disclosure form
- Recruitment process: Interview (with 3 panel members), Competency Based questions as well as Value Based Questions
- Training: Level 2 Peer Mentor Progression, Boundaries

The Mentor:

- **Personal Growth**
- **Professional Development**
- **Building lives**
- **Maintaining Change**

*safer communities,
healthier lives*



www.cri.org.uk

Outcomes – since July 2013

- 7 Mentors have received paid employment either with CRI or externally
- 4 Mentors completed the Level 3 Award in Community Justice
- 1 Mentor completed the Level 2 Award in Substance Misuse
- 1 Mentor completed Level 2 Counselling

*safer communities,
healthier lives*



www.cri.org.uk

Contact Details:

- For all enquiries, please contact Vicky McFarlane
 - Email: vicky.mcfarlane@cri.org.uk
 - Mobile: 07551 777 877
 - Address: 11 St George's Place, Brighton, BN1 4GB

*safer communities,
healthier lives*



www.cri.org.uk